

# Are you ready?

## LIVE YOUR **BEST** LIFE

Learn how **YOU** can draw your goals to  
**IMPROVE YOUR SUCCESS**  
in **EVERY AREA OF YOUR LIFE.**

So that when it comes to achieving your  
goals, you'll be more than able to  
**MAP YOUR WAY TO WHAT YOU WANT.**

### **GOAL MAPPING:** USING YOUR RIGHT AND LEFT BRAIN FOR **MAXIMUM IMPACT**

Goal setting is a natural function of the brain. Making a decision triggers a subconscious process that transforms the decision into the deed. Learning the most effective way to set goals is the number one prerequisite for YOUR future success.

However, while traditional goal setting techniques focus on left brain words only, Goal Mapping uses words and imagery. And visualising your success is the master skill for achievement in all areas of your life.

You are shown how to put your thinking, self-chatter, and habits to work for you and given a broad range of skills to navigate change. During the workshop you'll fill out colourful left and right brain Goal Maps to set you on course for your success.

